# TITLE: THE NEED FOR CONTROL OF ANTIBIOTICS FOR THE PREVENTION AND MANAGEMENT OF ANTIMICROBIAL RESISTANCE (AMR)

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## VANUATU 3RD HEALTH RESEARCH SYMPOSIUM

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## INTRODUCTION

- Antimicrobial resistance (AMR) is of significant global concern
- It occurs when pathogens change over time and become resistant to the drugs that were used against them, making treating infections harder and more expensive
- AMR poses a major threat to human health around the world. It is Estimated 5 million deaths every year due to AMR globally
- The misuse and overuse of antimicrobials (antibiotics) are the main causes of AMR globally

## INTRODUCTION

Six leading pathogens associated with antibiotic resistance globally are:

- 1. Third generation cephalosporin-resistant *Escherichia coli*
- 2. Methicillin resistant *Staphylococcus aureus* (MRSA)
- 3. Cephalosporin resistant *Klebsiella pneumoniae*
- 4. Streptococcus pneumoniae
- 5. Carbapenem resistant *Acinetobacter baumanii*
- 6. Pseudomonas aeruginosa



## **BACKGROUND-AMR RESPONSE**





## ANTIBIOTIC RESISTANCE PATTERN IN PACIFIC ISLAND COUNTRY TERRITORIES (PICT)

Antibiotic resistance pattern of *Escherichia coli* - Pacific Island Country Territories (PICT)

ANTIBIOTIC CLASS	ANTIBIOTIC	PICT	2011-2017 (% RANGE)
	AMPICILLIN	PNG	87%
	AMPICILLIN	FIJI	87%
CEPHALOSPORIN	CEFTRIAXONE	FIJI	12.20%
	CEFTRIAXONE	MICRONESIA	77%
	CEFTRIAXONE	PNG	24.10%
	CEFTRIAXONE	SAMOA	45%
AMINOGLYCOSIDE	GENTAMICIN	PNG	45%
CHLORAMPHENICOL	CHLORAMPHENICOL	PNG	45%
FLUOROQINOLONE	CIPROFLOXACIN	FIJI	11.90%
	CIPROFLOXACIN	KIRIBATI	3%
	CIPROFLOXACIN	MARSHALL ISLANDS	13%
	CIPROFLOXACIN	MICRONESIA	16%
	CIPROFLOXACIN	PNG	13%
	CIPROFLOXACIN	SAMOA	13.90%

Antibiotic Resistance Pattern of *Klebsiella pneumoniae* -Pacific Island Country Territories

ANTIBIOTIC CLASS	ANTIBIOTIC	PICT	2011-2017 (% RANGE)
CEPHALOSPORIN	CEFTRIAXONE	FIJI	25%
	CEFTRIAXONE	MICRONESIA	71%
	CEFTRIAXONE	PNG	63.50%
	CEFTRIAXONE	SAMOA	7.7-19.8%
CARBAPENEM	MEROPENEM	FIJI	0.70%
MINOGLYCOSIDE	GENTAMICIN	PNG	78%
CHLORAMPHENICOL	CHLORAMPHENICOL	NEW CALEDONIA	40%
FLUOROQINOLONE	CIPROFLOXACIN	NEW CALEDONIA	NATU HE54%
DIAMINOPYRIMIDINE	COTRIMOXAZOLE	NEW CALEDONIA	54%
	COTRIMOXAZOLE	PNG	е ст 32% 2



 This study aims to characterise resistance patterns in two antimicrobial resistant organisms (Extended spectrum beta lactamase bacteria (ESBL) and (Methicillin resistant *Staphylococcus aureus* (MRSA) isolated at Northern Provincial Hospital Laboratory (NPHL) from 2016-2022



## METHODOLOGY

- **Type:** Retrospective study
- **Timeline:** 2016-2022
- **Site:** Northern provincial Hospital Laboratory
- Study population: All pathogens isolated at NPHL from patients urine, sputum, blood cultures and wound swabs that isolated AMR organisms (MRSA & ESBL)
- **Type of AMR test:** Antibiotic sensitivity test Method (following Microbiology CLSI Standard)
- Method of data collection: Data were collected from NPHL Microbiology Registry book particularly the two AMR organisms (MRSA & ESBL) within the study period 2016-2022. Data were further analysed in Microsoft excel sheet

## RESULTS



• Ten (10) Escherichia coli

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- Three (3) *Klebsiella pneumoniae* 
  - Two (2) Enterobacter spp
  - One (1) *Citrobacter spp* 
    - One (1) *Proteus spp*



# Total number of AMR organisms isolated from each wards at NPH from 2016- 2022



## Graph Showing Antibiotic Resistance Pattern For Seventeen (17) ESBL Organisms Isolated At NPHL From 2016-2022



## Five (5) MRSA (Methicillin Resistant Staphylococcus aureus) Isolated At NPHL From 2016-2022



#### ANTIBIOTICS TESTED AGAINST MRSA

## Graph Showing The Trend Of Total Number Of MRSA (5) And ESBL (17) Organisms isolated At NPHL From 2016-2022



## Graph showing the trend(%) of total AMR (MRSA & ESBL) bacteria isolated at NPHL from 2016-2022



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## DISCUSSION

- A total of 1661 pathogens, twenty two (1.3%) AMR organisms isolated within the study period.
- Increasing trend of AMR organisms from 2016 to 2022 (respectively 2.18% to 6.52% of isolated AMR organisms).
- Surgical and paediatric isolated most AMR organisms
- No cases in 2018-2019 due to lack of Human resource and shortage of reagents test kits.
- Both ESBL and MRSA trend escalated in 2022

## DISCUSSION

- All MRSA showed resistance to Cefoxitin. Giving the only available choice, Vancomycin, however it
  is not available in our Pharmacy
- Whilst all ESBL cases showed resistance to Ceftriaxone, Augmentin, Ampicillin, Gentamicin, Ciprofloxacin and Doxycycline. Similarly to other Pacific island countries
- Giving less choice to treat patients with Klebsiella pneumoniae, Escherichia coli and MRSA
- These data show growing evidence for the presence of these organisms in Vanuatu. This could have significant consequences for cost effective clinical management and patient outcomes in the future if we do not consider this now.

## **RECOMMENDATIONS / IMPLICATIONS**

- Expanding scope of Microbiology Laboratory testing
- Combining VCH and NPH data for improved monitoring
- Put into action what's been written in Vanuatu National Action plan on Antimicrobial Resistance 2021-2025 (strengthening antimicrobial stewardship programs)
- Strengthening communication channels between Laboratory team, Clinicians, infection prevention and control (IPC)
- Improving guidelines around the use of anti-biotics is necessary to control this emerging problem

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### TAKE HOME MESSAGE

- Antibiotics do not treat viral infections like colds and flu
- Overuse of antibiotics will mean that some infections can no longer be treated-antibiotic resistance
- Antibiotic resistance can affect people of any age and in any country
- Everyone has a role to play
- Help prevent infection through GOOD HYGIENE
- Never share antibiotics
- Always seek advice of a qualified Health care professional before taking antibiotics





# Thank you tumas 😳 😳



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